

***In the last 12 months have you given any unpaid help to someone who was not a relative?***

4.66 All respondents were also asked whether they have given any unpaid help to someone who was not a relative. Almost 45% of respondents had given unpaid help, however more than 55% of respondents had not provided any unpaid help to someone who was not a relative in the last 12 months.

4.67 The table below shows the type of help that the respondents have provided to someone who was not a relative. Over 30% of respondents have helped others with: 'Keeping in touch with somebody who has difficulty getting in and out and about' 'cooking, cleaning, laundry, gardening or other routine household jobs', 'looking after property or a pet for someone who is away / unwell' and 'transporting or escorting someone'.

Type of help	Count	%
Transporting or escorting someone	156	31.8%
Cooking, cleaning, laundry, gardening or other routine household jobs	156	31.6%
Looking after property or a pet for someone who is away / unwell	155	31.4%
Keeping in touch with somebody who has difficulty getting out and about	153	31.0%
Doing shopping, collecting a pension or paying bills	142	28.8%
Baby sitting or caring for children	92	18.7%
Writing letters or filling in forms	80	16.3%
Sitting with or providing personal care for someone who is sick or frail	60	12.2%
Decorating or home repairs	50	10.1%
Other	37	7.6%
Representing someone (talking to a council official)	30	6.1%

(Base number: 493)

4.68 Other types of help included providing professional help to someone who was not a relative (4) and football coaching (3).

*By age*

4.69 Again it was those aged 35 – 74 were the most likely to give any unpaid help to someone who was not a relative in the last 12 months:

Age	16-19		20-24		25-34		35-49		50-64		65-74		75 +	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
<b>Yes</b>	16	30.8%	15	26.3%	28	32.9%	132	47.7%	168	49.3%	83	54.6%	43	34.7%
<b>No</b>	36	69.2%	42	73.7%	57	67.1%	145	52.3%	173	50.7%	69	45.4%	81	65.3%

*By area*

4.70 Almost half of respondents interviewed in the Bedford Borough area had given unpaid help to someone who was not a relative in the last 12 months compared to just over a third in the other two areas.

Area	Bedford Borough		Mid Bedfordshire		South Bedfordshire	
	n	%	n	%	n	%
Yes	306	49.8%	103	39.0%	84	37.8%
No	308	50.2%	161	61.0%	138	62.2%

*By ethnicity*

4.71 White respondents were more likely to give this type of unpaid help compared with non white respondents:

Ethnicity	White		Non white	
	n	%	n	%
Yes	476	45.3%	10	28.6%
No	575	54.7%	25	71.4%

*By disability*

4.72 There was little variance between the disabled and the non disabled respondents:

Disability	Disabled		Non disabled	
	n	%	n	%
Yes	72	41.9%	412	45.2%
No	100	58.1%	500	54.8%

*By gender*

4.73 There was little gender variation:

Gender	Male		Female	
	n	%	n	%
Yes	170	43.6%	316	45.1%
No	220	56.4%	384	54.9%

*By qualification*

4.74 Those with higher levels of qualifications were more likely to give this type of unpaid help:

Qualification	None		NVQ level 1 & 2		NVQ level 3 & 4		Higher degree	
	n	%	n	%	n	%	n	%
<b>Yes</b>	113	34.9%	97	42.0%	205	52.3%	59	51.3%
<b>No</b>	211	65.1%	134	58.0%	187	47.7%	56	48.7%

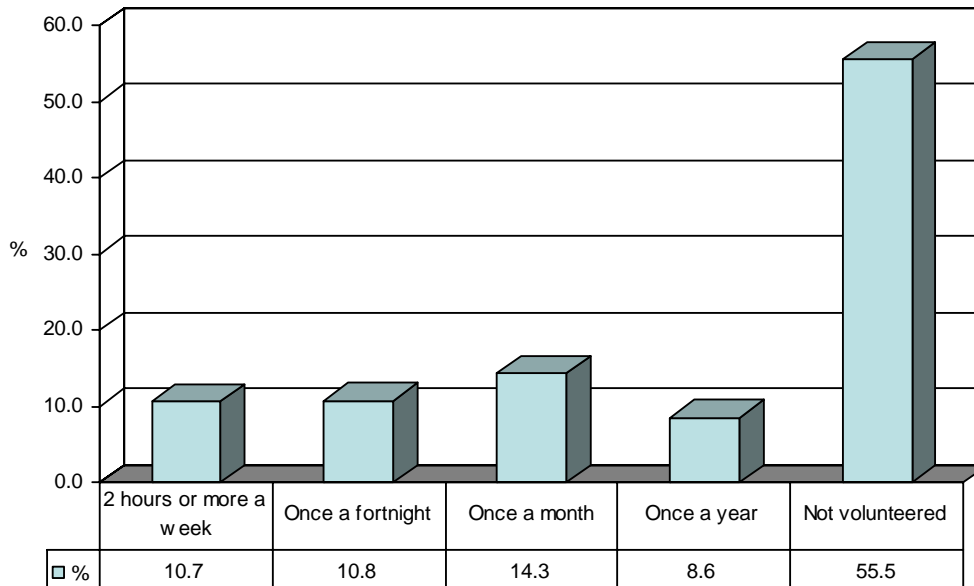
*By work status*

4.75 Those in full time or part time education were less likely to give this type of unpaid help:

Work Status	Employed		Full/part time education		Unemployed		Not in paid work /caring/other		Retired	
	n	%	n	%	n	%	n	%	n	%
<b>Yes</b>	271	44.4%	15	34.9%	21	40.4%	37	48.7%	140	45.9%
<b>No</b>	339	55.6%	28	65.1%	31	59.6%	39	51.3%	165	54.1%

**Overall, how often over the last 12 months have you done something to help somebody who was not a relative?**

4.76 Although more than half of all respondents had not done something to help somebody who was not a relative in the last 12 months, 11% had helped someone for an average of 2 hours a week:



(Base number: 1100)

*By age*

4.77 The older age groups (50+) were more likely to give up their time compared to the younger age groups:

Age	16-19		20-24		25-34		35-49		50-64		65-74		75 +	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
An average of two hours or more a week	4	7.7%	3	5.3%	7	8.2%	22	7.9%	44	12.9%	20	13.2%	16	12.9%
At least once a fortnight	2	3.8%	5	8.8%	5	5.9%	21	7.6%	44	12.9%	31	20.4%	9	7.3%
At least once a month in the last 12 months	5	9.6%	1	1.8%	7	8.2%	56	20.2%	55	16.1%	18	11.8%	13	10.5%
At least once in the last 12 months	5	9.6%	6	10.5%	9	10.6%	32	11.6%	24	7.0%	13	8.6%	4	3.2%
Not volunteered	36	69.2%	42	73.7%	57	67.1%	146	52.7%	174	51.0%	70	46.1%	82	66.1%

*By area*

4.78 The following table shows the same question split by the three main areas:

Area	Bedford Borough		Mid Bedfordshire		South Bedfordshire	
	n	%	n	%	n	%
<b>An average of two hours or more a week</b>	69	11.2%	31	11.7%	18	8.1%
<b>At least once a fortnight</b>	77	12.5%	19	7.2%	23	10.4%
<b>At least once a month in the last 12 months</b>	99	16.1%	33	12.5%	25	11.3%
<b>At least once in the last 12 months</b>	57	9.3%	20	7.6%	18	8.1%
<b>Not volunteered</b>	312	50.8%	161	61.0%	138	62.2%

*By ethnicity*

4.79 White respondents were more likely to volunteer for an average of two hours a week compared with non white respondents:

Ethnicity	White		Non white	
	n	%	n	%
<b>An average of two hours or more a week</b>	115	10.9%	1	2.9%
<b>At least once a fortnight</b>	117	11.1%	1	2.9%
<b>At least once a month in the last 12 months</b>	151	14.4%	4	11.4%
<b>At least once in the last 12 months</b>	90	8.6%	3	8.6%
<b>Not volunteered</b>	578	55.0%	26	74.3%

*By disability*

4.80 There was little difference when analysed by disability:

Disability	Disabled		Non disabled	
	n	%	n	%
<b>An average of two hours or more a week</b>	21	12.2%	93	10.2%
<b>At least once a fortnight</b>	27	15.7%	89	9.8%
<b>At least once a month in the last 12 months</b>	17	9.9%	139	15.2%
<b>At least once in the last 12 months</b>	6	3.5%	88	9.6%
<b>Not volunteered</b>	101	58.7%	503	55.2%

*By gender*

4.81 The table below shows the results split by gender:

Gender	Male		Female	
	n	%	n	%
An average of two hours or more a week	29	7.4%	87	12.4%
At least once a fortnight	42	10.8%	74	10.6%
At least once a month in the last 12 months	51	13.1%	105	15.0%
At least once in the last 12 months	48	12.3%	46	6.6%
Not volunteered	220	56.4%	388	55.4%

*By qualification*

4.82 The table below shows the results split by qualification:

Qualification	None		NVQ level 1 & 2		NVQ level 3 & 4		Higher degree	
	n	%	n	%	n	%	n	%
An average of two hours or more a week	30	9.3%	23	10.0%	45	11.5%	14	12.2%
At least once a fortnight	36	11.1%	22	9.5%	44	11.2%	10	8.7%
At least once a month in the last 12 months	25	7.7%	30	13.0%	72	18.4%	25	21.7%
At least once in the last 12 months	21	6.5%	21	9.1%	43	11.0%	9	7.8%
Not volunteered	212	65.4%	135	58.4%	188	48.0%	57	49.6%

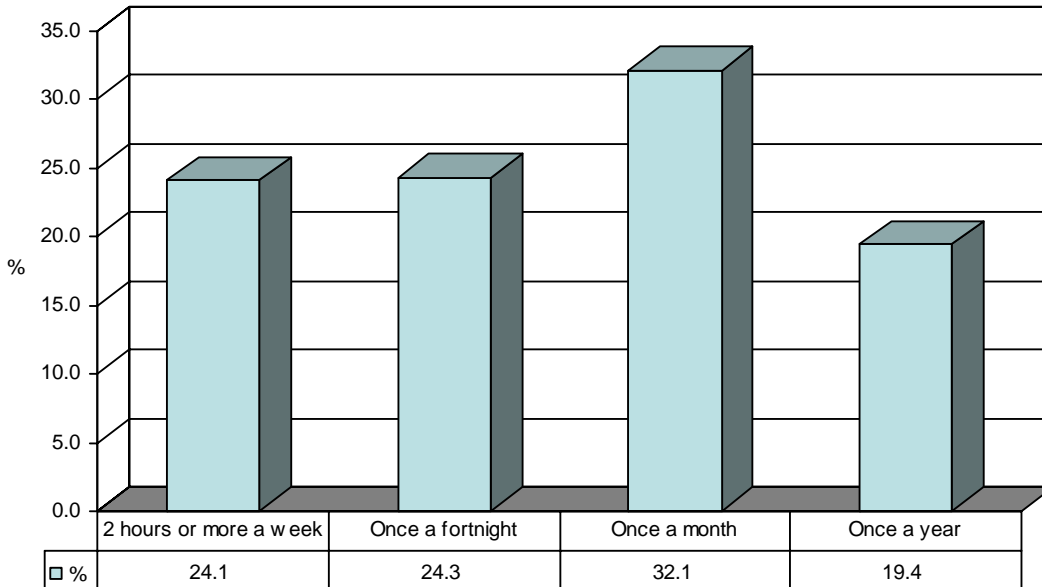
*By work status*

4.83 The unemployed, not in paid work, caring for someone or retired were more likely to give up their time for at least two hours or more per week:

Work Status	Employed		Full/part time education		Unemployed		Not in paid work /caring/other		Retired	
	n	%	n	%	n	%	n	%	n	%
An average of two hours or more a week	56	9.2%	4	9.3%	6	11.5%	9	11.8%	40	13.1%
At least once a fortnight	53	8.7%	2	4.7%	5	9.6%	10	13.2%	47	15.4%
At least once a month in the last 12 months	104	17.0%	3	7.0%	5	9.6%	8	10.5%	36	11.8%
At least once in the last 12 months	57	9.3%	6	14.0%	5	9.6%	9	11.8%	15	4.9%
Not volunteered	340	55.7%	28	65.1%	31	59.6%	40	52.6%	167	54.8%

**If volunteered, how often over the last 12 months have you done something to help somebody who was not a relative?**

4.84 Over the last 12 months, 24% of respondents have given unpaid help to someone who was not a relative for at least two hours a week and 24% did so at least once a fortnight. Almost one third had given help at least once a month.



(Base number: 489)

*By age*

4.85 The table below shows the breakdown by age:

Age	16-19		20-24		25-34		35-49		50-64		65-74		75 +	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
<b>Two hours or more a week</b>	4	25.0%	3	20.0%	7	25.0%	22	16.8%	44	26.3%	20	24.4%	16	38.1%
<b>At least once a fortnight</b>	2	12.5%	5	33.3%	5	17.9%	21	16.0%	44	26.3%	31	37.8%	9	21.4%
<b>At least once a month</b>	5	31.3%	1	6.7%	7	25.0%	56	42.7%	55	32.9%	18	22.0%	13	31.0%
<b>At least once in the last 12 months</b>	5	31.3%	6	40.0%	9	32.1%	32	24.4%	24	14.4%	13	15.9%	4	9.5%

*By area*

4.86 A higher number of respondents living in the Mid Bedfordshire area gave unpaid help to someone who was not a relative compared to those living in the other two areas:

Area	Bedford Borough		Mid Bedfordshire		South Bedfordshire	
	n	%	n	%	n	%
An average of two hours or more a week	69	22.8%	31	30.1%	18	21.4%
At least once a fortnight	77	25.5%	19	18.4%	23	27.4%
At least once a month in the last 12 months	99	32.8%	33	32.0%	25	29.8%
At least once in the last 12 months	57	18.9%	20	19.4%	18	21.4%

*By ethnicity*

4.87 White respondents were also more likely to give their time to someone who was not a relative compared with non white respondents:

Ethnicity	White		Non white	
	n	%	n	%
An average of two hours or more a week	115	24.3%	1	11.1%
At least once a fortnight	117	24.7%	1	11.1%
At least once a month in the last 12 months	151	31.9%	4	44.4%
At least once in the last 12 months	90	19.0%	3	33.3%

*By disability*

4.88 The following table shows the same question split by disabled and non disabled respondents:

Disability	Disabled		Non disable	
	n	%	n	%
An average of two hours or more a week	21	29.6%	93	22.7%
At least once a fortnight	27	38.0%	89	21.8%
At least once a month in the last 12 months	17	23.9%	139	34.0%
At least once in the last 12 months	6	8.5%	88	21.5%

*By gender*

4.89 More females said that they gave unpaid help to a non relative compared to male respondents:

Gender	Male		Female	
	n	%	n	%
<b>An average of two hours or more a week</b>	29	17.1%	87	27.9%
<b>At least once a fortnight</b>	42	24.7%	74	23.7%
<b>At least once a month in the last 12 months</b>	51	30.0%	105	33.7%
<b>At least once in the last 12 months</b>	48	28.2%	46	14.7%

*By qualification*

4.90 Those with no qualifications indicated the highest levels of frequency in regards giving unpaid help to a non relative compared with those who had a higher standard of qualification:

Qualification	None		NVQ level 1 & 2		NVQ level 3 & 4		Higher degree	
	n	%	n	%	n	%	n	%
<b>An average of two hours or more a week</b>	30	26.8%	23	24.0%	45	22.1%	14	24.1%
<b>At least once a fortnight</b>	36	32.1%	22	22.9%	44	21.6%	10	17.2%
<b>At least once a month in the last 12 months</b>	25	22.3%	30	31.3%	72	35.3%	25	43.1%
<b>At least once in the last 12 months</b>	21	18.8%	21	21.9%	43	21.1%	9	15.5%

*By work status*

4.91 Respondents in employment were less likely to volunteer on a regular basis:

Work Status	Employed		Full/part time education		Unemployed		Not in paid work /caring/other		Retired	
	n	%	n	%	n	%	n	%	n	%
<b>An average of two hours or more a week</b>	56	20.7%	4	26.7%	6	28.6%	9	25.0%	40	29.0%
<b>At least once a fortnight</b>	53	19.6%	2	13.3%	5	23.8%	10	27.8%	47	34.1%
<b>At least once a month in the last 12 months</b>	104	38.5%	3	20.0%	5	23.8%	8	22.2%	36	26.1%
<b>At least once in the last 12 months</b>	57	21.1%	6	40.0%	5	23.8%	9	25.0%	15	10.9%