

Voluntary and Community Action

Voluntary and Community Organisations Operating in Downside

Directory of Organisations No.4

June 2011

This Directory of Organisations is designed to raise awareness of the large number of organisations in South Bedfordshire that deliver services in Downside. Organisations are listed alphabetically.

Focusing mostly on organisations from within the Voluntary sector, many of the services provided by these organisations are undertaken by volunteers. If you, or anybody else you know, are interested in giving some of your time to help any of these groups, please get in touch with the Volunteer Centre on 01525 850559 to find out more.

If there are any organisations that are not featured in this directory, that you would like to see included, please contact the Information and Resources Co-ordinator at Voluntary and Community Action on 01525 850559 or email info@action-centralbeds.org.uk

This is the fourth in a series of printed directories focusing on services offered by voluntary organisations and community groups in Bedfordshire.



You can also search for other local groups by clicking on the Find a Local Group icon on our website: <http://www.action-centralbeds.org.uk>



3rd Dunstable Guides

The aim of guiding is to help girls and young women develop emotionally, mentally, physically and spiritually, so that they can make a positive contribution to their community and wider world. 3rd Dunstable Guides try to achieve this by activities such as games, cooking, crafts outdoor activities and teamwork is a programme, which the girls themselves help to plan. Meet weekly and are open to girl's aged 10 - 14yrs old.

Name: Margaret Bojczuk
Address: 106 Great Northern Rd,
Dunstable, LU5 4BT
Tel: 01582 602408,
Web: www.girlguiding.org.uk

Last Updated: 02/10/2008

9th Dunstable (Augustine's) Scout Group

Physical, moral and spiritual development of young people as

laid down in the Aims of the Scout Association. Beaver scouts 6-8 years; Cub scouts 8-10½ years.

Name: Helen Jacobs
Address: 63 Bowmans Way,
Dunstable, LU6 3LF
Tel: 07947 274713

Last Updated: 10/07/2007

Blows Down Conservation Group

Offers voluntary membership to adults and young people interested in conservation and wildlife on chalk down land. They organise walks, monitor wildlife and publish information pamphlets. They meet for scrub clearance parties on last Sunday morning in October, November, January, February and March and our AGM is in September.

Name: Tony Bliss
Address: 42 Apollo Close,
Dunstable, LU5 4AQ
Tel: 01582 704664

Last Updated: 09/11/2010

Downside Action Group

They organise events and activities to support and promote estate based activities and projects that benefit the community on the Downside estate in Dunstable. It is open to everyone who lives or works on Downside.

Name: Mary Cuckson
Address: 196 Southwood Road, Dunstable,
LU5 4EL

Last Updated: 15/04/2008

Downside Community Centre

Hall for hire - only on Saturday and Sunday for social functions (available school holidays). Approximate capacity is 170 or 120 seated. Kitchen, bar, parking for 40 cars. Applying for licence for bar.

Name: Cheryl Rumbold
Address: Suffolk Road, (Off Southwood Road),
Dunstable, LU5 4ES
Tel: 01582 476449

Last Updated: 02/01/2007

Downside Little Oaks Out of School Club

To provide out of school care for children between the ages of 4 and 12 who live on the Downside Estate.

Name: J Day
Address: Downside Lower School, Oakwood
Avenue, Dunstable, LU5 4AS
Tel: 01582 661778

Last Updated: 19/03/2008

Downside Needlecraft Group

Meet at the community centre, Suffolk Rd, Downside, Dunstable on Thurs 2-4pm

Name: Joan Gibbs
Address: Downside Community Centre, Suffolk
Road, Dunstable, Beds, LU5 4ES
Tel: 01582 527687

Last Updated: 12/09/2007

Downside Neighbourhood Children's Centre

Sure Start Children's Centres provide integrated education, care, family support and health

services. These are key factors in determining good outcomes for children and their parents.

Name: Lesley Williams
Address: The Annexe, Downside Lower School,
Oakwood Avenue, Dunstable, Beds
LU5 4AS
Tel: 01582 666403

Last Updated: 26/01/2009

Downside Pre-School Playgroup

A playgroup for children aged 2 to 4 years. 9.05am-11.35 am & 12.30pm-15.00pm.

Name: Julie Russell
Address: The Rainbow Room, Downside Lower
School, Oakwood Avenue, Dunstable,
LU5 4AS
Tel: 0773 6680139,
Email: downsidepreschool@yahoo.co.uk

Last Updated: 12/11/2010

Downside Senior Citizens' Club

They meet once a week as a social group for the elderly.

Name: Mrs Raynham
Address: C/O Beechwood Bowling Club Rooms,
515 Dunstable Road, Luton, LU4 8QN
Tel: 01582 657294

Last Updated: 02/10/2008

Downside Traumatatics Association

A drama club whose members are parents and friends of the school. Children of the caste are panto babes. They produce a pantomime annually for people on the estate of Downside. They meet on a Thursday evening in the school hall from 7.30pm to 9.00pm.

Name: Judy Day
Address: Downside Lower School, Oakwood
Avenue, Dunstable, Beds, LU5 4AS
Tel: 01582 661778,
Email: downsidel@deal.bedfordshire.gov.uk

Last Updated: 07/11/2007

Downside Yoga

Offer yoga classes on Friday morning from 10.00-11.30 in St. Augustine's Church, Downside, Dunstable. The classes are open for anyone to join.

Name: Beryl Whiting
Address: 5 Heath Court, Leighton Buzzard, LU7 3JR
Web: www.yoga4healthyliving.com

Last Updated: 11/09/2007

LETS Group - Downside

Brings the local community together in a self-help scheme. Members trade in Downside, the Houghton Regis local currency and receive a trading directory and a regular monthly newsletter.

Name: Hazel Jeffrey
Address: Downside, Houghton Regis, Dunstable, LU5
Tel: 01582 472222 ext 32122

Last Updated: 24/09/2007

Mayfield Centre

Drop in family resource centre that offers: Breakfast Drop In - Mon to Fri 7.30am to 8.30am (cooked breakfast supplied); Parents/ Carers & Tots Drop In - Tues and Thurs 10.00am to 12.00pm; Young Peoples' Drop In - Tues & Thurs 3.45pm to 6.00pm (Thurs mainly for homework help).

Name: Cathy Carty
Address: 4 Mayfield Road, Downside, Dunstable, LU5 4AP
Tel: 01582 670695, Fax: 01582 670714,
Web: www.dunstable.gov.uk

Last Updated: 19/11/2007

New Woodfield Residents' Association

A social and advisory service for residents that works in partnership with the District Council, Housing Association and police.

Name: Tony Cootes
Address: 4 New Woodfield Green, Dunstable,

LU5 4UN

Tel: 01582 526914

Last Updated: 13/12/2010

Painting for Pleasure Art Group

Watercolour painting, drawing and experimenting with other mediums. Some live and video demonstrations. Tuesday 9.45 am - 12.00 pm.

Name: Pauline Beaumont
Address: 118 Canesworde Road, Dunstable, LU6 3PZ
Tel: 01582 667253

Last Updated: 11/09/2007

Saturday Coffee Mornings

Coffee and chat on a Saturday morning.

Name: Joan Gibbs
Address: The Common Room, The Mayfield Centre, 4 Mayfield Road, LU5 4AP
Tel: 01582 527687

Last Updated: 11/09/2007

Seventh Day Adventists

Meeting on Saturdays from 9.30 am to 3.30 pm, they hold one to one sessions giving advice and information. They supply lunch for the community at 1pm. They also hold football sessions on a Monday and Wednesday between 5.45pm and 7.00pm for children of any age. They have a 6 a-side football league for over 15's. Once a month on a Saturday evening they hold health checks.

Name: Doreen Bourne
Address: St Augustine's Church, Oakwood Avenue, Dunstable, LU5 4AR
Tel: 01582 511813,
Email: doreenbourne@hotmail.co.uk

Last Updated: 18/10/2007

Shooting Stars

Majorette group for children aged 5 - 7 years old and 8 plus.

Name: Michelle Donaldson
Address: Downside Community Centre,

Dunstable, LU5
Tel: 01582 656929

Last Updated: 26/09/2007

St Augustine of Canterbury Church - Dunstable

C of E Church - part of the Team Parish of Dunstable with regular Sunday services and Wednesdays at 10.30am. They offer a quality venue for meetings, conferences etc with disabled access. The Downside Adult Choir meets on Wednesdays (7.30pm to 8.30pm) and Sundays (10.30am to 12.00pm) and are very active in the community. The Downside Junior Choir meets on Fridays (6.30pm to 7.00pm)

Name: Andrea Haughton
Address: Oakwood Avenue, Dunstable, LU5 4AR
Tel: 01582 661645,
Email: admin@staugsdunstable.org.uk,
Web: www.dunstableparish.org.uk

Last Updated: 23/11/2010

St Augustine's Ladies Guild - Dunstable

We meet monthly to have talks and demonstrations, outings etc. We donate to a given charity each year.

Although we are attached to St. Augustine's Church we are an interdenominational group and everyone is welcome. Our group is mostly older ladies but we need some younger blood (40 - 50 year olds) to keep the group going.

Meetings are held on the last Tuesday of every month apart from July and August.

Name: Catherine Stacey
Address: Oakwood Avenue, Dunstable, LU5 4AR
Tel: 01582 603542,
Web: www.dunstableparish.org.uk

Last Updated: 15/04/2008

Women's Institute - Dunstable Downside

A meeting for women is held twice a month with a programme of speakers, visits, courses and various fund-raising events.

Name: E Read
Address: 530 Lowther Road, Dunstable, U6 3LJ
Tel: 01582 665895

Last Updated: 27/07/2007

This directory has been produced from our database of organisations that have given permission for us to share and publish their information.

If you wish to be included on this or any other directory that we have produced, please contact our Information and Resources Coordinator.

Voluntary and Community Action

Bossard House
West Street
Leighton Buzzard
Bedfordshire LU7 1DA

Tel: 01525 850559
Fax: 01525 376281

mail@action-centralbeds.org.uk
www.action-centralbeds.org.uk

How we can help!

Voluntary and Community Action exists to provide help and support to the hundreds of voluntary organisations and community groups selflessly working to improve lives in their own communities and beyond.

We can offer help in a variety of ways:

- Funding Advice
- Development
- Training
- Information
- Volunteering
- Partnerships