

Course Information

You can come to us:

We regularly offer courses in Oxford and Hull. To check the latest dates, please visit our website at:

www.familylinks.org.uk/training/parentinggroup.htm

Or we can come to you:

For teams of up to 16 people we are able to provide training at a venue convenient for you. The price includes a one-day refresher course twelve months later.

If you are interested in finding out more about the training or booking dates, please contact us on:

01865 405641 or info@familylinks.org.uk

Did you know...?

The Nurturing Programme was one of the first programmes to be included by the National Academy for Parenting Practitioners when it re-launched the Commissioning Toolkit. It then commissioned Family Links to be part of their evidence-based training offer.

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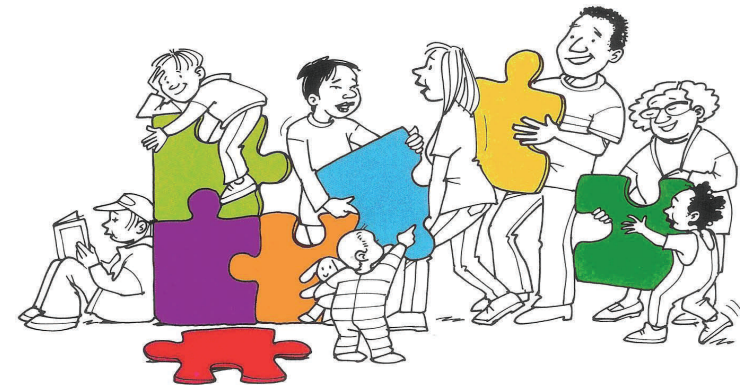
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Family Links

Transforming schools and families

Parent Group Leader Training in the Nurturing Programme



Family Links offers a four-day training to facilitate the Nurturing Programme for Parents.

Overall aims of the training:

- A thorough introduction to the Nurturing Programme and how to use it to support parents, carers and yourself
- Ways of working more effectively with groups and individuals
- Essential skills and knowledge for working with parents and families
- The training includes all Programme resources: handbooks for facilitators, *The Parenting Puzzle* book and animated DVD for parents and games for families

What our training involves

Learners on this training will already be working formerly or informally with parents and families and come from a range of multi-agency or community settings.

Training Structure

The Parent Group Leader training takes place over 4 days within 2 weeks, to equip you with the knowledge and skills to deliver the Nurturing Programme to groups of parents. To be recognised as a PGL, you must attend all 4 days. The training day lasts from 9am to 4.30pm.

Did you know...?
The Nurturing Programme is used in a variety of settings including prisons, mosques, schools, children's centres and youth offending services.

Day One: Introduction to the training and The Nurturing Programme

Discipline, Praise and Self-Esteem

Day Two: Nurturing Programme Strategies

Learning Styles, Personal Power, Choices & Consequences, Feelings and Time Out to Calm Down

Day Three: Further strategies and Facilitation Skills

Kinds of Touch, Issues around Sex, I Statements and Behaviour to Ignore

Day Four: The Nurturing Facilitator

Practising and Implementing the Programme.

Assessment

Assessment will be based on National Occupational Standards for Work with Parents key roles. Assessment will take place through:

- Attendance
- Observed participation within the experience of the group
- Observed presentation and group work skills

How will the training be delivered?

The training will be interactive, experiential and facilitative and include:

- Large and small group work
- Pairs work
- Role play
- Activities from the Nurturing Programme

What trainees say about...

...the Nurturing Programme course

"This has been one of the most thoughtful, supportive and consistent training programmes I have ever been on. I feel proud to be part of it."

- Children's Centre Manager, N. Yorkshire

"Very professionally delivered and well-organised event. I feel the programme will definitely empower some of our parents to make positive choices for themselves."

- Parent Support Advisor, Ealing

"Best training by far I have ever attended. The facilitators have been fantastic and very approachable. I have definitely gained confidence with respect to delivering the programme."

- Home-School Link Worker, Oxford

"A very affirming course with numerous good-quality ideas. Excellent facilitation. A must-do course for anyone dealing personally or professionally with families and children."

- Extended Schools Co-ordinator, Wolverhampton

...the benefits they see when running the Nurturing Programme

"I find the Nurturing Programme works very well with parents who have low self-confidence on a one-to-one basis. They may then join a group when they realise the course is non-threatening and is not judgemental."

- Parent Support Advisor, Durham

"Always amazed at the bonding within groups of parents and the sadness when the programme is over."

- Parent Outreach Worker, Andover

Did you know...?

The Nurturing Programme has OCN Accreditation Levels 1 and 2 for parents. See www.familylinks.org.uk/training/ocn.htm for more details.

"Our project helps parents to cope with children's difficult behaviour...On my caseload I have 40 parents who have tried the Nurturing Programme and all of them had a positive experience."

- Family Project co-ordinator, London