



Parent Conference

2nd Annual Joint Conference

Saturday 6th November 2010

9.30am - 4.00pm

Light lunch and refreshments provided

Tilsworth Golf and Conference Centre, Dunstable Road, Tilsworth, Bedfordshire, LU7 9PU

Comments from our first conference included **“An excellent conference, loved it - do it again please”** and **“I feel I have somewhere to turn now - thanks”** have inspired us to work together again to create another parent focussed event.

We will be offering a selection of **FREE** workshops again including **Sleep, Siblings, Anger Management, Contenance and many more (See overleaf for more details)**, all of these workshops have been carefully selected from our first conference evaluation.

We will have speakers from Central Bedfordshire and Bedfordshire PCT to open and close the day where you will have the opportunity to find out what changes, progress and future plans are.

A wide range of organisations will be marketing their services and throughout the day you will have the opportunity to talk to a variety of professionals about your individual needs.

We would be grateful if you could indicate on the return off slip below which of the workshops you would like to attend by assigning a priority to each one (1 = highest priority) and please indicate whether you have any special dietary requirements. Alternatively e-mail **diane.fun@ntlworld.com** to book your place stating clearly the information requested below.

Please note childcare is not available at this event, we apologise for any inconvenience this may cause. We also reserve the right to invoice you £10.00 towards administration costs if you do not notify us of non-attendance at this event.

Registration Form

I would like to sign up for (please indicate 1- 8 priority order) NB Please book early to avoid disappointment
Closing date 16th August 2010.

Please indicate: I am a Parent I am a Professional **NB Parents will be given priority at workshops**

- Sleep Workshop
- Meeting the needs of non-disabled siblings
- Contenance Issues
- Will your son or daughter need additional help when they get to school?
- Support for Autism in Mainstream Schools
- Strategies for managing your child's anger
- Reading, Spelling and Study Skills in Upper Schools
- How to manage your own feelings when dealing with your child's difficult behaviour

To be completed by **all** parents:

My Childs Age: _____

Please indicate if your child is: Statemented
 On School Action or School Action Plus

My child is in: Mainstream Special School

Principle Need e.g. Autism, Dyslexia, Dyspraxia, ADHD etc

Name _____

Address _____

Phone _____

E-mail _____

Signature _____

If you have indicated a high priority on the **sleep workshop** please indicate which area you have the most difficulty:

Settling Night time waking
Early morning waking

I have special dietary requirements as follows:



Workshop Descriptions

Sleep Solutions Time 2 Sleep Workshops

This workshop is appropriate for parents and practitioners maximising potential for early interventions. Raises awareness of sleep problems and their effect. Increasing skills, knowledge and resources.

Will your son or daughter need additional help when they get to school?

Meet Central Beds Parent Partnership Service, who can tell you how to get the right support for your child

How to manage your own feelings when dealing with your child's difficult behaviour

A workshop aimed at helping parents to think about strategies they can use to help them cope with their own feelings when dealing with their child's difficult behaviour.

Strategies for managing your child's anger

A workshop aimed at providing strategies for parents to deal with their child's anger.

Reading, Spelling and Study Skills in Upper Schools

A workshop aimed at supporting your child's reading, spelling and study skills when they transfer to upper school.

Support for Autism in Mainstream Schools

Information for parents and carers of children with a new diagnosis. The features of Autistic Spectrum Disorder, the reasons for some behaviours and support available to schools.

Contenance Issues

A workshop aimed at giving practical help and guidance to overcome children's toileting issues. With the opportunity of individual questions and answer time.

Meeting the needs of non-disabled siblings

This is an opportunity for parents to share experiences, ideas and thoughts on how to best support their non-disabled children. Information will be provided on i) possible activities to do with your child ii) the charity Sibs (this charity supports children and adults who have a disabled brother or sister) and iii) a library of resources explaining disabilities to children.

Please
place
postage
here

**Family Voice
243 Meadow Way
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