



# Parent Conference

3rd Annual Conference

**Saturday 25th February 2012**

9.00am — 2.30pm

Light lunch and refreshments provided

**The Rufus Centre, Steppingley Road, Flitwick. MK45 1AH**

This year's conference has been organised based around feedback received at the last conference and improving our focus on Parent Participation. Our aim is to offer parents\carers the opportunity to learn about changes to services, to contribute their knowledge and experiences and to learn about specific topics to support the family.

We will be offering a selection of **FREE** workshops including: Sleep, Wills & Trusts, Puberty & Adolescence and Managing Anger (See overleaf for more details). All of these workshops have been carefully selected from our last conference evaluation.

Ken Harvey (Head of Service, Children with Disabilities & Children's Health, Central Bedfordshire Council) will be giving an update on Services. Karen Wooddissee (Eastern Region Representative on the National Network of Parent\Carer Forums) will join us to de-mystify, in a parent\carer-friendly way, what the SEN Green Paper really means to families.

A wide range of organisations will be marketing their services and throughout the day you will have the opportunity to talk to a variety of professionals about your individual needs.

We would be grateful if you could indicate on the return slip below which of the workshops you would like to attend, we request that you attend 1 from Workshop A and 1 from Workshop B. Please could you state any dietary requirements you have. Alternatively e-mail [diane.fun@ntlworld.com](mailto:diane.fun@ntlworld.com) to book your place stating clearly the information requested below.



## Registration Form

I would like to sign up for (please tick relevant box) NB Please book early to avoid disappointment **Closing date 14th February 2012.**

**Please indicate:** I am a Parent  I am a Professional  **NB Parents will be given priority at workshops**

### WORKSHOP A

- Transition (14yrs to Adulthood)
- Education and SEN Green Paper
- Short Breaks/Respite
- Health: Children with Complex Medical Needs

### WORKSHOP B

- Sleep Solutions
- Wills & Trusts
- Puberty & Adolescence
- Managing Anger

To be completed by **all** parents:

My Childs Age: \_\_\_\_\_

Please indicate if your child is: Statemented   
On School Action  or School Action Plus

My child is in: Mainstream  Special School

Principle Need e.g. Autism, Dyslexia, Dyspraxia, ADHD etc

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Signature \_\_\_\_\_

If you have indicated the **sleep workshop** please indicate which area you have the most difficulty:

Settling  Night time waking   
Early morning waking

I have special dietary requirements as follows:  
\_\_\_\_\_



## Workshop Descriptions

### Workshop A Electives

These workshops will be hosted by a Central Bedfordshire Council representative and a Family Voice representative. Parents\carers will be encouraged to voice their views about services to help assure that services, as far as possible, meet the needs of Families with Disabled Children. Parents\carers will have the opportunity to learn about current services and to make suggestions about how they can be improved for all families. The 4 workshops will focus on:

- Transition (14 Years old to Adulthood).
- Education & SEN Green Paper
- Short Breaks/Respite
- Health Services for Children with Complex Medical Needs

### Workshop B Electives

#### Sleep Solutions Time 2 Sleep Workshops

This workshop is appropriate for parents and practitioners maximising potential for early interventions. Raises awareness of sleep problems and their effect. Increasing skills, knowledge and resources.

#### Wills & Trusts

By writing a will and setting up a trust, you can make sure that a family member or friend with a learning disability will get the financial support and protection they need after your death. A representative from a local solicitor will discuss the importance of making a will and some of the procedures involved to help you in this process.

#### Puberty & Adolescence

Visual Strategies for Supporting Children with Learning Difficulties

Supporting your child through adolescence can be challenging, this workshop aims to give parents\carers a high level overview of visual strategies to help your child cope with the on-set of puberty.

#### Managing Anger

This workshop will focus on giving examples of strategies to use to help your child manage their anger.

Please  
place  
postage  
here

**Family Voice**  
**243 Meadow Way**  
**Leighton Buzzard**  
**Bedfordshire**  
**LU7 3XS**