

Home Truths ...what works!

4

Our national two-day training conference showcasing innovative and creative but tried and tested ways of working effectively within domestic violence

3-4 NOVEMBER 2009 RIVERSIDE CENTRE, PRIDE PARK, DERBY 10AM-4.30PM

Tuesday 3 November: Mini-focus: Children, families and schools

Wednesday 4 November: Mini focus: From the edges to the centre?

"Excellent two days - very inspirational"
Home Truths 3

"Very enjoyable and informative"
Home Truths 3

"An excellent two-day conference which has been both entertaining and informative: well worth the 6-hour train journey!"
Home Truths 3

"I have learnt so much today - so pleased I came along"
Home Truths 3

"Excellent - extremely useful for examples of good practice and networking"
Home Truths 3

BOOK TODAY

on-line www.rightthing.co.uk/events.html

phone/fax 01332 780 096

e-mail office@rightthing.co.uk





Home Truths 4 - Day One

Mini focus: Children, families and schools

Although we have something for everyone, day one does have a mini-focus on the impact of domestic violence on children, and how to raise awareness of and respond to issues in school.

In 90% of domestic violence cases, children are in the same or next room. This – says the government – “often results in behavioural issues, absenteeism, ill-health, bullying, anti-social behaviour, drug and alcohol misuse, self-harm and psychosocial impacts”.

What are the specific needs?
Where are the gaps? But, most important, what works?

OUR PROGRAMME DAY ONE TUESDAY 3 NOVEMBER

- 9.15** Registration
- 9.55** Welcome and introduction
- 10.00** Morning session featuring music, poetry, drama and film
- 11.40** Break
- 12.00** Workshop 1
- 1.00** Lunch
- 2.00** Workshop 2
- 3.00** Break
- 3.20** Workshop 3
- 4.20** Closing comments
- 4.30** Close of day one

DAY ONE OUR PERFORMANCES

We are delighted to present this year's live performances...

Poetry...

...from the fantastic **Jo Bell**, Cheshire Poet laureate 2007 and co-ordinator of National Poetry Day, who will perform a poem commissioned specially by Do the Right Thing. In 2006 poet Jo ran a series of workshops with women at the Artemis Project, a refuge run by Staffordshire Women's Aid. The poetry produced helped women to express difficult emotions and explore important moments in their lives, and was published in a booklet called Goddesses.
www.bell-jar.co.uk

Music...

...from **Belinda O'Hooley**, best known as the songwriter and pianist in Mercury Prize nominees Rachel Unthank & the Winterset. Now going solo, Belinda is joined by co-songwriter and performer **Heidi Tidow** – and will perform a specially commissioned song for conference. Belinda will also accompany folk singer **Jo Freya** on the day's opening song: "Roses".
www.myspace.com/belindaohooleymusic
www.freyamusic.co.uk

Film

"Leaving" is the story of Helen (played by BAFTA nominee Kierston Wareing) as she attempts to free herself and her son Liam (Joe Siffleet) from her abusive partner Jim (Johnny Harris). *"This film just hit me harder than any other. It stayed with me and moved me deeply, which is hard to do. Felt it was courageous and painful."* Rutger Hauer.
www.socialfilmdrama.com

Drama

Lady in Red – Certain Curtain Theatre Company
Shortlisted for the Amnesty International Freedom of Expression Award 2005, this extensively researched and highly acclaimed play combines superb dialogue, a compelling plot, powerful performance and evocative colours to take the audience on a moving and thought-provoking journey with 'Rose' – enabling them to explore one woman's attempts to leave an abusive relationship and the barriers she faces. *"Absolutely Breathtaking to watch. Excellent performance riveting from start to finish"* Neil, London Probation.
www.cctheatre.co.uk

DAY ONE OUR WORKSHOPS

Film

Leaving
This workshop will look at how the film came about, the process of filming and how it can be used effectively as a training and awareness-raising tool. **Ian Glennie** is senior partner of Glennie McIntosh and executive producer of Leaving.
www.socialfilmdrama.com

Lady in Red

This discussion workshop offers a useful means of examining attitudes, addressing myths, stereotypes and facts, providing valuable insights and breaking down pre-conceived ideas.

Claire Moore is director, Certain Curtain Theatre Company.
www.cctheatre.co.uk

Family Justice Centres: where families come first and agencies come together

Europe's first Family Justice Centre opened in Croydon, south London in 2005 after being developed in partnership with the San Diego Family Justice Center, the international model of excellence on domestic violence, and the New York Family Justice Center. This workshop will explore the challenges and successes of being the first of its kind. Derby's new family justice centre opened this summer (see day two).

Jill Maddison is director, Croydon Family Justice Centre.

Working in primary schools

This workshop looks at working in primary schools. It will set out session plans, demonstrating a couple of exercises. It will give an overview of 5 years work experience of running projects in primary schools. You'll learn how kids respond, the shift of attitudes regarding the acceptability of domestic violence from being quite high at the start of the project to all but vanishing by the end.

Damian Carnell, Nottinghamshire Domestic Violence Forum.

Domestic Violence in education

Projects in schools can successfully enable children and young people to challenge attitudes around intimate violence and promote violence-free relationships. Through multi-agency training with staff from both primary and secondary schools and social care workers, these workshops will show how using story-telling, drama and other devices on 'violence-free relationships' can deliver key messages about domestic abuse to children and young people of all ages and abilities

White Ribbon Campaign – work in schools

The White Ribbon Campaign UK is the UK branch of the global campaign to ensure men take more responsibility for reducing the level of violence against women. This workshop explores its increasing work in schools

Chris Green is executive director of White Ribbon Campaign UK.

Place of Safety?

This drama for use in schools tells the story of Georgia, who is struggling to build new friendships when moving school after a necessary family separation. It explores the dangers of text messaging and internet chat rooms. A shortened performance will be followed by a workshop on the responses the drama has received from schools.

Community Group Treatment Programme

This workshop will explore the successes of an integrated community group programme for children and their mothers who have experienced woman abuse. The initiative is based on a model developed in Canada that offers children the opportunity to attend a 12-week programme to help them explore their feelings in a safe environment. Following referral and a comprehensive risk assessment, the children, grouped by age, attend weekly sessions where they explore topics including safety planning, identification of abuse, conflict resolution and improving self-esteem.

Linda Finn is project coordinator, London Borough of Sutton.

Dads Space 1-2-1 Safe Contact Service

This workshop will explore the background to new technology mechanisms for engaging children and families, highlighting existing gaps in safe child contact services. It will also explore how "Dads Space" can contribute to ensuring the safety and wellbeing of the child and mother. There will be a live demonstration of the website and a case study.

Lesley Weber is Dads Space Development Officer
www.dads-space.com

Child contact

There have been recent and interesting developments in the law around child contact. This workshop will focus on the way these will impact on women affected by domestic violence.

Rights of Women is a voluntary organisation working to attain justice and equality by informing, educating and empowering women on their legal rights.
www.rightsofwomen.org.uk

Teenage boys

This workshop, drawing on new research, will look at what works for meeting the needs of teenage boys who become homeless as a result of domestic violence from the perspectives of service providers and teenage boys themselves. The research specifically focuses in on what we can do to meet needs of this group when they don't access 'traditional' resources such as refuges and what challenges this poses and what solutions there might be.

Dr Helen Baker completed a Ph.D. on domestic violence and is a member of Liverpool Law School.

DV in pregnancy: an issue for health professionals

This workshop will discuss the role of the health professional in supporting women experiencing domestic violence, drawing on experiences and findings from the Bristol Pregnancy Domestic Violence Programme

Kathleen Baird is a senior lecturer and researcher in midwifery at the University of the West of England with a special interest in domestic violence.

DAY ONE WIDER ISSUES

Forced marriage and the law

This workshop will look at the new legislation on forced marriage.

Rights of Women is a voluntary organisation working to attain justice and equality by informing, educating and empowering women on their legal rights.

www.rightsofwomen.org.uk

DV and homelessness

What are the rights of victims of DV who approach the Local Authority as homeless? Do women with no recourse to public funds have any housing rights? This workshop will examine the legal rights and obligations of the Local Authority in relation to victims of DV.

Debbie Winterbourne qualified as a solicitor in 1991. For the last eight years she has specialised in housing law and family law.

She currently runs her own training courses in central London covering legal remedies for victims of DV and is also trainer for Shelter.

Working with anxiety

Domestic violence does not just cause physical injury but psychological harm with complex and multiple effects. Using clips from a DVD, this workshop will explore common signs of anxiety presented by women who have escaped domestic violence, and simple strategies that might promote healing.

Roxane Agnew-Davies is Director of Domestic Violence Training Ltd - experts in the psychological impacts of domestic violence
www.dvttltd.com

Directory of Services for Male Survivors of Domestic Violence

Growing recognition of and the need to support male domestic violence survivors is generating on one hand a flurry of service development but on the other an assumption that very little is available for men. But what do men want, what diversity issues need to be considered, what services are needed and what is already available? This workshop will assist delegates examine what services already exist to consider when creating their own directory of services for male survivors, planning service development, and also present information for any leaflets or webpages they want to create or update.

Damian Carnell, Nottinghamshire Domestic Violence Forum



Home Truths 4 - Day Two

Day two covers a wide range of issues that are often at the edges of mainstream practice – including working with men as victims and perpetrators, LGBT communities, South Asian women, disabled women, nursing, working with denial, British Crime Survey, working with families after homicides, prostitution and – as we sometimes forget – the workers themselves. These workshops will look at what works in these areas to move these issues into more mainstream practice.

(You can find 'Our Workshops' for Day Two on the next page)

OUR PROGRAMME DAY TWO WEDNESDAY 4 NOVEMBER

- 9.15** Registration
- 9.55** Welcome and introduction
- 10.00** Conference drama
- 10.30** Keynote presentation: Jan Salihi, DV lead, Ministry of Justice
- 11.00** Workshop 1
- 12.30** Lunch
- 1.30** Workshop 2
- 2.45** Break
- 3.00** Workshop 3
- 4.15** Closing comments
- 4.30** Close of conference

DAY 2 OUR WORKSHOPS

Domestic violence: South Asian issues

Although there has been an increased emphasis on South Asian women's experiences of violence, especially forced marriage and 'honor-based' violence, services for women and children affected by domestic violence have been decreasing. This workshop will explore, with participants, the key issues involved and the implications for effective responses.

Ravi Thiara is co-editor of the recently published "Violence Against Women in South Asian Communities: Issues for Policy and Practice"

Developing a family justice centre

Derby's family justice centre opened formally in June this year. This workshop will go through the whole journey and practicalities of setting up the centre, challenges that were overcome and the opportunities created.

Tracy Arnold is Domestic and Sexual Violence Unit Manager, Derby Community Safety Partnership

British Crime Survey

The British Crime Survey, which is conducted by the British Market Research Bureau (BMRB) on behalf of the Home Office, is where we get many of our stats around domestic violence. However, this is one area of the survey that there is possible room for improvement. This workshop will explain how the survey is carried out in relation to DV – and will invite delegates to offer suggestions and advice about how collection of this information could be improved.

**to be confirmed –BMRB are awaiting Home Office approval to attend*

Updated RCN Domestic Abuse Guidelines

The Royal College of Nursing is currently updating its guidance on Domestic Abuse in recognition that nurses have a key role to play in supporting women who require NHS services as a result of domestic violence. The RCN has also developed a CD-Rom for nurses to provide them with information on the realities of violence against women. This workshop will look at the new guidance and the changes that are being made.

Ann Jackson is learning and development facilitator, RCN and is Chair of Women's Aid Leicestershire (WALL)

Improving responses to disabled women experiencing domestic violence

This workshop looks at the findings of a recently completed national research project on Disabled women and DV. It will highlight the key issues which help in understanding the needs of disabled women experiencing domestic violence and look at how existing gaps in responses to disabled women experiencing abuse can be addressed through examining examples of good practice.

Ravi Thiara is a Senior Research Fellow in the Centre for the Study of Safety and Well-being, School of Health and Social Studies at the University of Warwick

The role of denial in assessing and working with perpetrators of domestic violence

Denial, minimisation and externalisation of blame are almost invariably present when working with those who use violence in intimate relationships. The workshop will explore the risk implications of denial, and use interactive exercises to explore the interplay between challenging denial and motivational

work in initial interventions with perpetrators. **Chris Newman**, Partner Abuse Interventions (PAI) – an independent organisation specialising in assessment and intervention where domestic violence is a concern

Being a DV policy officer

In what appears to be a fairly unusual position we will look at the roles, responsibilities, challenges and successes of being Domestic Violence Policy Officers. What is a day in the life of a DV policy officer? This workshop will tell you!

Jane Lewis is DV policy officer for Nottingham Council; and **Rachel Adams** is DV policy officer for Nottinghamshire Council

Leading lights accreditation

The Leading Lights accreditation programme run by CAADA (Cordinated Action against Domestic Abuse) is designed to recognise and reward safe practice in Independent Domestic Violence Advocates (IDVA) services across England and Wales. Through a rigorous process of accreditation, including support visits and training days, IDVA services will be guided towards CAADA Leading Light status. This workshop explains the process and highlights examples of services that have been recognised as "leading lights".

Laura Croom, CAADA; **Trish Harrison** manager, WORTH, the first IDVA service to be accredited.

DV in LGBT communities

Broken Rainbow runs the only national helpline which provides support to lesbians, gay men, bisexual and trans (LGBT) people affected by domestic violence. The helpline offers free, confidential listening support to survivors, perpetrators, friends, family members, and advises professionals dealing with DV in LGBT communities. Broken Rainbow also works in partnership with a number of other local agencies across the UK, contributes to policy development, campaigns, and provides LGBT DV awareness training.

Effective homicide reviews

Advocacy After Fatal Domestic Abuse (AAFDA) was formed in 2008 to help families who have suffered fatal domestic abuse. This workshop will set out the challenges of working effectively with families and will explore best practice in homicide reviews which will become law this year.

Frank Mullane is founder of AAFDA and was part of the Pemberton Homicide Review – the first homicide review conducted in the UK

We are also working on adding workshops on working with male victims, and DV and prostitution: check out the website for up-to-date details

...and for workers...

Aromatherapy

This workshop will be looking at the therapeutic benefits of aromatherapy for people who have been affected by domestic violence. We will create a solid oil bar made from a mixture of organic, solid massage butters, organic massage oils and aromatherapy oils. Participants will learn a basic hand massage which can be used to deliver aromatherapy oils to a recipient using relaxing and calming techniques. We will also look at other non contact ways that oils can be used.

Sophie Powell's workshops have proved very popular at other DTRT events – so we've finally invited her to Home Truths!
www.dartworks.org.uk

Supervision - A Creative Space for Reflection on Practice

If we believe there are benefits in working with the arts, metaphor and creativity in our work with others then it would seem a good idea to use this in reflecting on our practice. This session offers those who work with others who have experienced domestic violence a creative space to participate in a creative workshop and share experiences about practice.

Judie Taylor is Assistant Subject Manager, Therapeutic Arts and Complementary Medicine, University of Derby
www.derby.ac.uk/therapeutic-arts-and-complementary-medicines

We will be adding some more workshops on workers' experiences and needs – watch out on the website...

OUR VENUE

Riverside Centre

Riverside Court, Pride Park,
Derby DE24 8HY
info@theriversidecentre.co.uk
01332 332044
www.theriversidecentre.co.uk

OUR PRICES

Survivors £20 (inc VAT) a day

Students and individuals

£75 (£86.25 inc VAT) a day or
£125 (£143.75 inc VAT) for both days

Small voluntary sector (less than 10 employees)

£125 (£143.75 inc VAT) a day or
£200 (£230.00 inc VAT) for both days

Other voluntary sector (10 or more employees)

£150 (£172.50 inc VAT) a day or
£225 (£258.75 inc VAT) for both days

Everybody else

£185 (£212.75 inc VAT) a day or
£285 (£327.75 inc VAT) for both days

BOOKING INFORMATION

There are four ways to book

One: book direct on-line at
www.righthing.co.uk/events.html

Two: request an electronic booking form from or simply e-mail your details to: office@righthing.co.uk

Three: call or fax us on
01332 780 096

Four: write to us at Do the Right Thing, 73 Church Street, Denby Village, Derbyshire DE5 8PH